



Tampa Interbay Rotary Club

Chartered in 1953

2010-2011
Rotary International Theme

INTER ROTE

Thursday, April 21, 2011 • Time: 12:15 p.m.
The Centre Club, 123 S. West Shore Blvd., Tampa

CLUB PRESIDENT

Stephen Shine
253-2682
stephen@kirbymenswear.com

OFFICERS 2010-11

Stephen Shine President
Doug Smaus President-Elect
James Grant President-Nominee
Fred Wallrapp Past President
Jim Wessman Vice President
Rainer Harteneck Secretary
Margaret Roset Treasurer
Jay Hines Sergeant-at-Arms
Olivier De Meulder Webmaster
Steve Cooper Speaker Chair

DIRECTORS

Term: 2009-2011	Term: 2010 - 2012
Tom Bennett	Ryan Ayres
Doug Smaus	Steve Cooper
Jay Tobin	Jana Snyder
Laura Webb	Bart Valdes

CLUB COMMITTEES & DIRECTORS

Administration - Doug Smaus
Membership - Allen Keetch
Public Relations - Doug Smaus
Service Projects - Jim Grant
Rotary Foundation - Jay Tobin

ROTARY INTL. PRESIDENT

Ray Klingensmith

ZONE DIRECTOR

John Smarge

DISTRICT GOVERNOR

Ed Odom

ASST. DIST. GOVERNOR

Ruth Van Dyke

UPCOMING PROGRAMS/EVENTS

Apr.	21	Jane Castor, Tampa Chief of Police
Apr.	28	Religious Series - Dr. Sultan, Sunni Islamic Faith
May	5	Verizon Representative - How New Technologies Have and Will Keep Changing Our Lives
May	5	Tampa Interbay Rotary Pub Night, location TBA
May	12	TBA
May	13	Reading Is Fundamental, Lanier Elementary School
May	19	Meet at Seasons 52 Restaurant, COA Recognition
May	26	Religious Series - Indira Sustry, Hindu Temple
June	2	Roger Urbanski, International Security Expert, Holder of highest-level U.S. Gov't Security Clearance -Terrorist Update
June	2	Tampa Interbay Rotary Pub Night, location TBA
June	9	Religious Series - Elder Long and Elder Heath, Mormon Faith
June	16	Boy Scouts of America, Gulf Ridge Council

Tampa Interbay Rotary

P.O. Box 172486
Tampa, FL 33672-2486
813-285-0308
www.InterbayRotary.org

Bulletin Editor
Suzanne Cooper
suzanne@tbrpc.org

Recap of April 14th Tampa Interbay Rotary Club meeting by Ryan O'Leary

President, Stephen Shine, called the meeting to order with the Pledge of Allegiance and the Four Way Test, Fr. Bob delivered the invocation:

"John was a contractor for a construction company. To increase his personal income, he routinely cheated on materials that went into the homes he built. He was so adept at concealing his shortcuts that he joked to a close friend that even he couldn't detect them once they had been made.



"John's last construction project before retiring was the one he cheated on most. It was supposed to be a luxury home. Even

John worried that he had gone too far this time. Imagine his shock when the company gave him this house as a gift for his years of service.

"First we form habits, then *they* form *us*. So conquer your bad habits or they will eventually conquer you. Amen."

No Guests were present.

Happy \$\$\$:

- Doug Smaus gave a happy dollar for visiting the Rochester Technology Institute with his son Steven and another one for landing a business deal.
- Margaret Roset gave a happy dollar for her two kids and another one for thanking some fellow Rotarians for some information that has helped her parents.
- Fred gave a happy dollar for Meals on Wheels and explained how he helped one of the recipients on his most recent run.
- Clay Runnels gave a happy dollar for the successful Paint Your Heart Out event that took place this past Saturday. He thanked Chuck Lowe and Allen Keetch especially for their help.
- Jay Tobin gave a happy dollar to remind everyone that it was National Volunteer Week. He gave another one for the recent Rotary District Assembly meeting and another one for moving his office to St. Pete.
- Duane gave also gave a happy dollar for attending the Rotary District Assembly meeting.
- Jim Grant gave a happy dollar for Paint Your Heart Out and another one for a great "pub night" event at Ocean Prime last week.
- Sherry gave a happy dollar for all the donations she received at last week's meeting for books to be used for the Reading is Fundamental program.

Dr. Stuart Goldman, our speaker, was introduced by Jay Hines. Dr. Goldman is the Scholar in Residence and Washington Representative of the National Council for Eurasian and East European Research (NCEEER). NCEEER is the largest provider of funding to U.S. scholars for post-doctoral research on Russia and Eastern Europe. Prior to his current post, Dr. Goldman spent 30 years as a Russian specialist at the Congressional Research Service (CRS) of the Library of Congress. His areas of expertise include Russian domestic politics, foreign and defense policy and U.S.-Russian relations.



Dr. Goldman shared some great insights about the current state of the Russian Army, as well as the political, and economic status of Russia since the end of the Cold War. His conclusion was that while Russia no longer poses a military threat to the US, some of the other threats that Russia faces could entangle the U.S.

At the end of the speech President Stephen Shine asked Dr. Goldman to pull the raffle tickets. Jim Wessman had the winning ticket; however, he failed to draw the joker.

Birthday & Anniversary



**Bob Hatton
April 24th**

**Bart & Heidi
Valdes
April 27th**





... your birthday, wedding anniversary, spouse or child's birthday, etc. by contributing \$1 for each year to the Rotary Foundation. Make your donation via cash or check, payable to Tampa Interbay Rotary (put "Rotary Foundation" in the memo line) and give it to Margaret Roset or mail it to P.O. Box 172486, Tampa, FL 33672-2486.

Thanks so much!

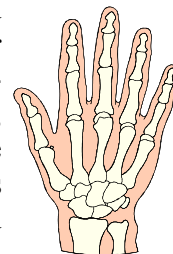
Health Tips from Preservion, Inc.

KEEPING YOU "IN THE KNOW"
by Cindy A. Krueger, MPH

Bone Drugs Weaken Bones

That's right; you read the title correct... Bone Drugs Weaken Bones. Atypical fractures of long bones have been reported in several patients, most of which have been associated with the popular bisphosphonate Actonel, Fosamax, Boniva and Reclast and their generics.

After reviewing several reports and preclinical studies, the American Society for Bone and Mineral Research has recommended a labeling change. The FDA agrees, yet no one will suggest these drugs be removed from the market. Why? Profits before Patients. The loss of revenue would not sit well with the drug makers.



Evidence from a two-part study called the Fracture Intervention Trial (FIT) indicates that a majority of women do NOT reduce their risk of fractures from osteoporosis with long term use of the drug. For the few that do however, the reduction is minimal. There is even evidence from this study that there may be an increased risk of certain type of fracture.

If this were a vitamin, the FDA would be scouring the globe to shut down every manufacturing facility and mandating its removal from the market place until further investigation.

What makes some of these drugs so popular is marketing. Sally Field, aka the flying nun, who looks much younger than her years, touts the convenience factor of taking Boniva once a month. The problem is that bones are living tissue and cannot grow healthy and strong without nutrients and minerals daily. To suggest that a synthetic chemical can do the same job is downright outrageous. Compare this to eating once a month to satisfy your body's nutritional needs. It will break down too.

To add insult to injury, the other side effects of these drugs, not mentioned in the study, are heartburn, osteonrosis (breaking down of the jaw bone) and eye inflammation.

Based upon this reported evidence, who in their right mind would concede to their use? The next time your doctor suggests these drugs, hand him/her a copy of this article and suggest they do some research before subjecting you to more harm than good.

Instead, consider a little sunshine (Vitamin D3), minerals, greens, a little exercise and natural progesterone cream.

Keeping you "in the know"...

Club Events & Activities

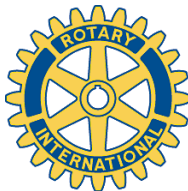
Ongoing Activities

Meals On Wheels – Meal deliveries in South Tampa every Thursday

Reading is Fundamental – One Friday of every month (during school year) at Lanier Elementary

Interbay Rotary Pub Night – First Thursday of every month, at different venues around South Tampa

Interact Club @ Robinson High - Dawn McPeak is our faculty liaison for the club



Upcoming/Annual Events

Steak & Corn Event - New Orleans Theme? (Spring 2011)

Interbay Rotary Installation Banquet - June 23, 2011

Interbay Rotary Golf Tournament (September/October 2011)

Gift of Life Fundraiser - October 22, 2011 at Mainsail Conference Center

Metropolitan Ministries Food/Toy Drives – Two weeks prior to both Thanksgiving & Christmas

Salvation Army Bell Ringing - One week between Thanksgiving and Christmas at Publix

Interbay Rotary Holiday Party - December 1, 2011

Speech Contest (March 2012)

Cycling Out Autism - March 31, 2012

Paint Your Heart Out (April 2012)

Naval ROTC Review at Robinson High (April 2012)

District Events

District 6890 Conference - June 10-12, 2011 at T. Pepin Hospitality Center, Tampa

S4TL - June 19-25, 2011, Lakeland

Rotary Goes to the Dogs (February 2012)

Rotary Goes to the Races (March 2012)

Rotary International Events

Rotary International Convention (New Orleans, Louisiana) – May 21-25, 2011

For more information on these events or to volunteer for a specific activity, please contact Jim Grant at (813) 418-3041 or jgrant@gulfshorebank.com

Tampa Interbay Club Well Represented at District 6890 Assembly

by Rainer Harteneck



Five members of our club attended the District Assembly on April 9th. The Assembly included a variety of presentations and break-out sessions. Here is some of the news:

- There are some changes coming for the Rotary Foundation.
- A GSE team of young Rotarians from Israel will visit us in May.
- 28 District 6890 Rotarians took a 3-week RFE trip to New Zealand and had a fabulous time.
- There was discussion regarding District Fundraisers and the 2011 International convention, which will be in New Orleans. It was pointed out that there will not be another International convention in the U.S. until 2017, when it will be in Atlanta.

Topics of the break-out sessions included: Membership, Administration, and Branding & Publicity.

This Is Rotary

Rotary and Oikocredit launch strategic partnership

The Rotary Foundation Trustees have reached an agreement with Oikocredit International, a Netherlands-based cooperative financial institution that promotes socially responsible investing, to form the first strategic partnership under the Foundation's Future Vision Plan.

Through the partnership, the Foundation will offer packaged grants for Rotary clubs and districts to work with microfinance institutions within the Oikocredit network. Together, these institutions and Rotarians will identify local needs, develop effective approaches, and structure training programs to improve entrepreneurs' business skills.

"This strategic partnership with Oikocredit enables Rotary to work with a globally recognized leader in the field of microfinance in order to make a meaningful contribution to poverty reduction," said Foundation Trustee Chair Carl-Wilhelm Stenhammar. "It allows Rotary club members to directly contribute their valuable expertise and skills without administering the loans directly."

Individual Rotary clubs have worked successfully with Oikocredit partners in the past. In 2009, clubs in Kenya and the Netherlands received Foundation funding to upgrade dairy farms and establish training farms belonging to an

Oikocredit-supported milk cooperative near Nairobi. The result was an increase in the quality and quantity of milk production.

What does Oikocredit offer Rotary?

Oikocredit is a cooperative financial institution that offers loans or investment capital to microfinance institutions, cooperatives, fair trade organizations, and small- to medium-sized enterprises in the developing world. Investors earn modest financial returns and the knowledge that their money is being used to fight poverty and promote fair trade in an environmentally responsible manner.

Founded in 1975, Oikocredit has US\$684 million invested in over 800 organizations in more than 70 countries, benefitting more than 20 million people through its microfinance partners.

"Knowledge and training are as important as financing," explained Tor G. Gull, Oikocredit's managing director. "Oikocredit's financing relationship with local entrepreneurs and microfinance organizations means we also see the need to help them strengthen their capacity to develop further, both economically and socially. Rotary funding and expertise from volunteers will greatly facilitate this effort."

Rotary Foundation Global Grants support large, international projects with sustainable, high-impact outcomes in Rotary's areas of focus. Packaged global grants developed by the Foundation and Oikocredit align with the area of economic and community development. Because the administrative work of designing the project and finding a cooperating organization has already been done, Rotary clubs and districts can focus on identifying beneficiaries, providing technical expertise or direct service, and publicizing the project.

One hundred districts are participating in the Future Vision pilot, a three-year test of the Foundation's streamlined grant structure, which began 1 July, 2010. All districts will begin using the model on 1 July 2013.

Information on how pilot clubs and districts can apply for packaged global grants to work with microfinance institutions within the Oikocredit network will be available soon at www.rotary.org.



PROOF-READING IS A DYING ART

(SUBMITTED BY FATHER BOB)

The following headlines in local newspapers prove it!

“Man Kills Self Before Shooting Wife and Daughter”

This one I caught in the SGV Tribune the other day. I called the Editorial Room and asked who wrote this. It took two or three readings before the editor realized that what he was reading was impossible! They put in a correction the next day.



“Something Went Wrong in Jet Crash, Expert Says” Ya think?

“War Dims Hope for Peace”
I can see where it might have that effect!

“Police Begin Campaign to Run Down Jaywalkers” Now that’s taking things a bit far!

“Panda Mating Fails; Veterinarian Takes Over”
What a guy!

“Miners Refuse to Work after Death”
No-good-for-nothing, lazy so-and-so’s!

“Juvenile Court to Try Shooting Defendant”
See if that works any better than a fair trial!

“If Strike Isn’t Settled Quickly, It May Last Awhile”
Ya think?!

“Enfield (London) Couple Slain; Police Suspect Homicide” They may be on to something!

“Red Tape Holds Up New Bridges”
You mean there’s something stronger than duct tape?

“Man Struck By Lightning: Faces Battery Charge”
He probably IS the battery charge!

“New Study of Obesity Looks for Larger Test Group”
Weren’t they fat enough?!

“Astronaut Takes Blame for Gas in Spacecraft”
That’s what he gets for eating those beans!

“Kids Make Nutritious Snacks”
Do they taste like chicken?

“Local High School Dropouts Cut in Half”
Chainsaw Massacre all over again!

“Hospitals are Sued by 7 Foot Doctors”
Boy, are they tall!

And the winner is...

“Typhoon Rips Through Cemetery; Hundreds Dead”
Did I read that right?

The Easter Story

(With Apologies to Blondes)

Three blondes died and found themselves standing before St. Peter. He told them that before they could enter the Kingdom of Heaven, they had to describe Easter.

The first blonde said, “Easter is the holiday where they have a big feast, give thanks, and eat turkey.” St. Peter rolled his eyes, said, “Blondes,” and banished her from heaven.

The second blonde said, “Easter is when we celebrate the birth of Jesus and exchange gifts. St. Peter said, “Wrong,” and he banished her from heaven.

St. Peter looked at the third blonde and said, “OK... you tell me.”

She said, “Easter is a Christian holiday that coincides with the Jewish festival of Passover. Jesus was having the Passover feast with His disciples when He was betrayed by Judas, and the Romans arrested Him. The Romans hanged Him on the cross and eventually He died. Then they buried Him in a tomb behind a very large boulder.”

St. Peter was impressed. “Verrrrry good,” he said.

The blonde continued, “Now every year, they roll away the boulder, and Jesus comes out. If he sees his shadow, we have six more weeks of basketball.”

St. Peter fainted.

The Buffalo Theory

One afternoon at Cheers, Cliff Clavin was explaining the Buffalo Theory to his buddy Norm.

“Well ya see, Norm, it’s like this... A herd of buffalo can only move as fast as the slowest buffalo. And when the herd is hunted, it is the slowest and weakest ones at the back that are killed first. This natural selection is good for the herd as a whole, because the general speed and health of the whole group keeps improving by the regular killing of the weakest members.

“In much the same way, the human brain can only operate as fast as the slowest brain cells. Excessive intake of alcohol, as we know, kills brain cells. But naturally, it attacks the slowest and weakest brain cells first. In this way, regular consumption of beer eliminates the weaker brain cells, making the brain a faster and more efficient machine.



“That’s why you always feel smarter after a few beers.”

And Finally

A woman is sitting on the veranda with her husband and she says, “I love you.”

He asks, “Is that you or the wine talking?”

She replies, “It’s me... talking to the wine.”

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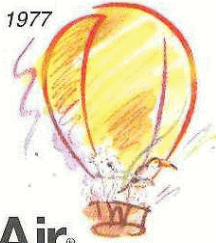
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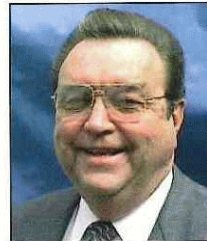
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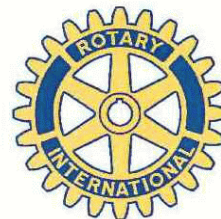
Place Your Business Card Here

Contact

Margaret Roset, Club Treasurer

treasurer@interbayrotary.org

For information



MEET THE MEMBERS OF TAMPA INTERBAY ROTARY

● Paul Harris Fellow ★ Past Club President ■ Bequest Society # Benefactor
▲ Sustaining PHF ★ Paul Harris Society PDG - Past District Governor

Sherry Perri-Anzalone ●
Class.: Insurance Broker
Spouse: Larry
Sherry@summitgroupbenefits.com 361-3444

Ryan Ayres
Class.: Commercial Banker
Spouse: Amy
Rayres@bay-cities-bank.com 281-3487

Tom Baker
Class.: Retirement Planning
thomas.baker@ubs.com 227-2808

David Beede ●
Class.: Charter Fishing
Spouse: Ingrid
david@shallowpointcharters.com 758-1947

Tom Bennett
Class.: Environmental Engineering
Spouse: Clare
tbennett.bees@verizon.net 831-5192

Rick Borgstrom ●★#▲*PDG
Class.: Sales Marketing
Spouse: Patti
governor98@hotmail.com 503-4236

Rich Bosaaen
Class.: Hospitality
Spouse: Angela
rbosaaen@intercontampa.com 639-4104

Julie Bostick
Class.: University Development
Spouse: Dave
jbostick@ut.edu 258-7353

Chris Bruser
Class.: Reverse Mortgages
Spouse: Laura
cbruser@metlife.com 464-5221

Brian Burek ●
Class.: Tax Accountant
Spouse: Linda
brianb@bbkm.com 282-3400

Justin Colvin
Class.: Human Resources Outsourcing
Spouse: Jana
justinmcolvin@gmail.com 598-1300

Steve Cooper ●★▲
Class.: Investment Advisor
Spouse: Suzanne
scooper@calton.com 286-1553

Jim Crews ●★
Class.: Real Estate Mgmt. - Comm.
Spouse: Molly
jcrews@tampabay.rr.com 250-1820

Chuck Dawson
Class.: Construction
Spouse: Susan
chuck1silverpalm@tampabay.rr.com 727-420-6693

Olivier De Meulder ●
Class.: Technology Consultant
Spouse: Allison
olivier@invitationconsultants.com 230-9776

Michael Germain
Class.: Insurance Litigation
germainlawgroup@gmail.com 260-9747

Bob Goodwin ●
Class.: Religion - Catholic
rgdwn@live.com 835-8022

James H. Grant ●
Class.: Community Banking
Spouse: Rasa
jgrant@gulfshorebank.com 418-3041

Ted Hamilton ●★
Class.: Commercial Litigator
Spouse: Sarah
tjh@whh-law.com 225-1918 x 14

Hugh Harless ●★#▲
Class.: Insurance - Independ. Agent
Spouse: Cora
orchidtwo@aol.com 877-5129

Rainer Harteneck ●
Class.: Power Engineering
Spouse: Heather
rainerharteneck@iib.ws 727-488-3676

Bob Hatton ●★
Class.: Real Estate - Commercial
Spouse: Betty
pruhatton@yahoo.com 837-1551

Jay Hines ●▲
Class.: Historian
Spouse: Noriko
jhines01@tampabay.rr.com 832-6282

David W. Jones ●★
Class.: Investment Executive
Spouse: Theresa
dwjones6@verizon.net 837-6967

Allen Keetch ●
Class.: Institutional Education
Spouse: Janice
akeetch@bersin.com 289-2923

Robert T. "Rob" Kraemer
Class.: Property Research
Spouse: Debra
contact@igbassociates.com 253-8810

Bob Krueger ●★▲
Class.: Contractor - Design/Build
Spouse: Cindy
bkrueger@brennaninvestmentgroup.com 443-4791

Louis "Buster" Levin
Class.: Special Needs Realtor
Spouse: Dee
busterlevin@gmail.com 839-6869

Charles W. "Chuck" Lowe ●
Class.: Life Insurance
Loweins@tampabay.rr.com 727-446-3277

Bill Murray ●
Class.: Dentistry - General Practice
Spouse: Louise
docwillydds@aol.com 839-7383

Ryan O'Leary
Class.: Financial Advisor
Spouse: Jennifer
ryan.paul.oleary@gmail.com 846-7880

Margaret Roset ●★▲
Class.: Certified Financial Planner
Spouse: David
margaret.rosset@raymondjames.com 202-1133

Clay Runnels
Class.: Relationship Banker
Spouse: Jessica
Crunnels@fcbfl.com 470-7460

Enslie Schilb ●
Class.: Real Estate Invest. - Retired
Spouse: Peggy
pegeis@verizon.net 251-0226

Stephen Shine ●
Class.: Men's Clothing - Retail
Spouse: Susan
sshine7738@aol.com 253-2681
stephen@kirbysmenswear.com

Doug Smaus ●
Class.: Product Promotions
Spouse: Lisa
Drsmaus@gmail.com 310-0305

Jana Snyder ●
Class.: Banking
Spouse: John Livingston
jana18@vzw.blackberry.net 422-3901

Jay Tobin ●
Class.: Blindness Prevention
jtobin@preventblindnessfl.org 784-8388

Duane Tway ●
Class.: Professor
Spouse: Conni
dtway@mindspring.com 383-5280

Bart Valdes
Class.: Civil Litigation
Spouse: Heidi
Brv11@dbksmn.com 251-5825

Fred Wallrapp ●★
Class.: Telephone Equipment
Spouse: Ana
wallrapp1@verizon.net 285-0308

Laura Webb
Class.: Insurance
Lwebb@WebbInsuranceGroup.com 887-5531

James A. Wessman ●★▲
Class.: CPA
Spouse: Elaine
jawess@aol.com 287-2333

Courtney "Jenks" Wheless
Class.: Printing Equipment
jwheless@deximaging.com 391-7460

Dan White
Class.: Religion - United Methodist
Spouse: Gloria
danwhite4@verizon.net 988-3077

Hank Williams ●
Class.: Insurance - Industrial
Spouse: Linnea
hgwms2@aol.com 637-8877

Walter Woolf ●★#▲
Class.: Veterinarian
Spouse: Linda Fries Woolf
petsfly@aol.com 879-3210 x 223

HONORARY MEMBERS

Suzanne Cooper ●
Class.: Bulletin Editor
Spouse: Steve
suzanne@tbrpc.org 892-4342

Dale Lester ●
Class.: Civil Engineering
wdl1092@yahoo.com 654-0389